

**Challenge4Charity 2009 – Route Card**

OS Grid Reference	Description of location	Dist. from start	Description of route to next check point
	King Edward VII School - Crosspool	0	Walk up the school fields as directed – heading left as you get to the road.
320 872	Crosspool - start of walk		Continue along the road, and walk along Sandygate Rd - direction Lodgemoor
312 868	Crossroads at Sandygate.	0.8	Walk along main road until you come to the Hallamshire Golf Course.
305 865	Hallamshire Golf Course club house	1.2	Walk past the 40 mph sign on the right, and do a right turn down the footpath after the hedge. Leave the golf course 4 mins later through the wall on the right, turn left. 100m on and you come to a junction with a stream and path to your right, keep to the path and high ground to your left, with a wall on your left.
296 867	Path junction, golf course still on your left.	2.0	Keep the wall, then railings on your left, continue along this path as you have been doing so. At this path junction do not turn left through the wall, but follow the path down to a stream crossing about 150m later. Scramble up the short but muddy hill, continue along the path with the golf course on your left until you come to the road.
291 865	Path crossing road – downhill to your right	2.3	Come to the road, and turn right, walk down 25m to car park on the left, and follow the footpath on the left through this car park. As you come out the car park, take the upper track, a bit muddy, just below the rocks on the left.
282 862	Path junction, the houses on the left end (yellow house), and grassy field to your left.		At this junction follow the path up to the left diagonally across a field to its far corner where you will meet the road. Turn right, past the Sportsman’s Pub, and continue down until you get to the Three Merry Lads.
280 861	The Three Merry Lads Pub	3.1	Turn right through the pub’s back garden, and head down hill with the stone wall on your left. Follow the wall around to the left where you will rejoin a better defined path. Follow this path keeping on the high ground until almost 1km later the path forks right towards the road surface that you can see below. Follow this, onto the road/track and to a car park.
269 858	Car park	4.0	Where the car park meets the road, take a right turn. You will see a bridge to your left. Follow this road past the reservoirs on your left for almost two miles where the byway (wide track) begins. The forest should be on your right.
247 844	Stanage Pole	5.8	Follow the byway up to a prominent pole. Continue down the track about 300m down to a small waist height post marking access. Veer off left past some wooden fencing, and turn left at the stone wall to the edge.
240 844	Stanage Edge	6.2	Follow the edge in a South Easterly direction, keeping the edge on your right and moorland on your left. As you continue along the edge, the ground rises to a small pillar (the trig point). Just before this is a track that goes off to the right – ignore this – continue instead round to the left, and then downhill to a car park you will see about half a mile ahead.
260 830	Car park before Burbage Edge	7.9	As you reach the road, turn left, over the bridge, and then right turn over the stile. Follow the track that is to the right of and below the rocks.
Advert	Point to note ...		Will4Adventure run weekend climbing courses for the complete novice and for the intermediate. See <a href="http://www.will4adventure.com">www.will4adventure.com</a>
263 806	Toads Mouth car park	9.7	Come to the end of this track, through the gate, you will see a bus stop and opposite a gate. Go through the gate to enter the Longshaw Estate. Follow it around to the left until you reach the road.

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265 800	Driveway to Longshaw Lodge	10	Cross the road through to Longshaw Lodge about 100m down. <b>Toilets</b> at this lodge are great, but the shop service is poor – especially if you want a ham sandwich <u>with mustard</u> – I dare you. From the lodge the footpath veers off to the right and through a small gate. Go through the gate opposite and continue along the track until you meet the road.
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259 781	Gate at road	11.3	Meet the B6054 head right, down and pass the Grouse Inn. Continue along the road for about 500m past the pub, looking for a gate that will take you to the left onto the next track. (Not the white gate to Stoke Flat Farm).
254 777	Track leaving the road on the left heading over Froggatt Edge	11.9	Follow this track all the way to the end. As you continue along the edge, the track will split – with one path going left and the other leading you on and slightly up – stick to this. Continue to the road.
261 748	Curbar Gap – path crosses the road at a car park onto Curbar Edge	14.1	At the end of the track, you will see the road ahead, with a car park to your left, continue over to the next track. Stick to this main track to the left, by the wall. Head on so that you pass a pile of stones that look like bread cakes on your left. To the left now should be Wellington’s Monument (a stone cross) follow the track down hill to your right.
256 725	Triangular lawn area with green metallic benches	15.7	Come to a triangular lawn island with 2 green benches. (Spar about 50m over to your right). Follow the road (Eaton Hill) round and down the hill to the left by Sullane House. <b>DO NOT HEAD DOWN THE ROAD WITH THE SPAR ON IT.</b>
258 722	Car park in Baslow – head south through Chatsworth Park <b><u>Text Will on 07791860163 and tell him who is with you here</u></b>	16.0	As you get to the bottom of the hill and into Baslow, you will see the Devonshire Arms to the left of a triangular lawn. Opposite is a car park where there’s a <b>public toilet</b> . Walk past the Devonshire Arms on your left and then past the Café on the Green, over the small road bridge, and then immediately turn right along the footpath signposted Chatsworth. Follow this path along and shortly round to the left, and then through a rotating gate (The Canon Kissing Gate). Continue along the lower path through the park. Through the park past the white lodge on your right until you get to the bridge – which is level with the main house up to your left.
257 702	Road bridge in Chatsworth Park	17.4	Cross the bridge here so that the river now runs on your left, and immediately turn left cutting back onto the grass. Follow a vague track heading between the river on your left and the road on your right. About 600m ahead of you the path kisses the river once again where you will be able to make out the rising muddy brown bank. Head for this.
257 695	Muddy bank meets river		At this brown muddy bank there is a path angling off to the right. Follow this – and keep to the right hand path from there on, until you come to the road again, about 500m later.
258 687	Calton Lees – car park for garden centre.	18.3	Follow signs for car park and garden centre – (also Heritage Way). Pass the car park sprawled along on your right, continue along this road past the coach / bus bay on the right – do not veer round to the left to the garden centre. Note – more <b>public lav’s</b> are around here. This road continues to wind around to the right towards some nice houses and a farm etc. You will come to a footpath sign that will be to your left, headed to Rowsley. Past a farm on your left (barking dogs) and then over a stile and the footpath is signposted.
258 681	Stile over stone wall	18.9	Continue along the footpath, muddy, with a stone wall on your left, and the woods up to your right. A little later over a stile, and then angle down to the left following a muddy track now. Carry along the broad muddy track for another 1km or so, and slowly the sides taper in so that the river is close to your left and the stone wall is close on your right. See the footpath heading over a stile to your right.
260 667	Footpath to Rowsley		Follow this muddy path with the river on your left until you come to a railway bridge – continue underneath this and into Rowsley (Holme Farm opposite). The track joins a small road here.

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255 660	Rowsley	20.4	Turn right and you will see just 50m away or so a big house with 8 windows facing you. Head to this and then turn left down a narrow footpath, up somebody's driveway. (Opposite Holme Farm Cottage). Go along the footpath and cross through two sets of narrow stone stiles past a cottage on your left followed by a smelly farm also on your left. Continue onwards (so that the stone wall is now on your left) through and over several stiles until eventually you end up joining the A6 on your left.
OS Grid Reference	Description of location	Dist. from start	Description of route to next check point
250 658	Step onto the A6 heading right (West) towards Bakewell	20.8	Follow the road now to the car park (1.5 miles) on the left for Haddon Hall. Ignore two roads that will come up on your left – one signposted to Youlgreave. Carry on for a half mile longer.
233 661	Haddon Hall car park on left of road.	22.0	As you get to the car park, you will see a bus stop and then a sign for Haddon Hall. The footpath you want is between these with a gate that says “please shut the gate” (although it already is shut). – Head up the hill do not veer left – the stone wall is on your right, and then soon after, on your left.
217 653	Path meets track to a farm	23.1	At the top of the hill is a big hay barn on your left – LOTS of mud and cow poo to your front - through the stile and follow the sign for the bridle road to Youlgreave – down the hill. 100m down do a left turn through the iron gate – go down and along the footpath, zigzagging down to the river. Over this and up the track / road all the way to the top to the T junction. Do a left turn heading to the church with a tower. At the church, turn left and pass the pub on your left. Down hill about 100m to the scout hut – a newish building on your right just after the primary school, opposite the UK Petroleum Garage. Through a double set of metal gates, set back 10m from the road, single storey building with an angular roof.
213 643	Scout hut in Youlgreave	24.1	Head out of here, turn left retracing your last footsteps, with a right turn just after the pub and then continue down, down, down the hill right to the end, where you do a right turn, and then cross back over the river. ( <b>25 miles is now done!</b> ) Immediately then on your left you will see a signposted footpath, (and also a sign that says “no parking, emergency access only”). Take this path so that the river is on your left. Continue along this path until you come to a big white house with a Victorian street lamp in its back garden, and a foot bridge on the left. Turn right now zigzagging up the road towards Over Haddon.
205 665	Over Haddon	26.5	Wind your way up the hill to another triangular lawn, and opposite Huntfold Cottage – do a left turn here. Past the car park on your left, up the hill and then a right turn where it says Monyash Rd. Then you come to a junction that says, Bakewell 2 miles – take this left turn. Continue along this road, and then about 100m after the Youlgreave turn (on your right) at the top of the hill, you will see a footpath signposted to your right. Take this down the hill, and then only about 5 m along turning right again through a stone squeeze stile and head diagonally left down the hill. 50m on is the next stile – carry on over that, gaining the lower ground. Continue down hill with the stone wall on your left until you come to the road once again at the bottom.

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213 673	Path meets, track meets road.	27.2	Leave footpath and turn left onto minor road, go up hill (farm up on the right with a 30mph sign). Just after a sign that says “Bakewell please drive carefully” take the left turn that takes you along the front of Lady Manners Sch. At the far end of the school, just after the bus stop in front of it, turn right, down a foot path that has a white sign on it, and tennis courts along its left side. Continue all the way down, past a building site on your left and it will bring you out onto a small residential road. A short walk in the same direction down this and meet a narrow path once again that takes you down some steps and onto the main road. Turn left, and then right and into the main town square of Bakewell. Turn right past the Red Lion on your right, and head on to the bridge.
220 687	Road bridge in Bakewell	28.3	Cross over and turn right, and right again walking along Coombs Road, until about a mile later you get to a big railway bridge.
230 679	Join the Monsal Trail on your left	29.1	Take the left turn up the bank following signs for the Monsal Trail. Once you have gained the trail, turn left and enjoy. Ok, head along this now for about 3.5 miles. Don’t worry: you will be met as can be arranged with your support driver. Before you leave the trail you will come to one last old railway station with its platform on your left. It was the station for Great Longstone. This is preceded by a sign warning cyclists that there is no further access. Also on your left you may see a sign for the Station House B&B.
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193 712	Leave the Monsal Trail: knee level sign telling you no further access.	32.5	As you leave the station area, you will pass underneath one more bridge, and then about 100m later two footpaths. One to your left for Ashford (ignore this) but take the next path on your right a few meters later. Follow this with the wall on your left, through a gate less than 100m on. The wall now angles off to the left, you carry straight on. A good 100m later, through another gate, grassy hill up to your right, you continue to the road directly ahead.
191 717	Little Longstone	32.9	Through the gate, onto the road and do a right turn, and about half a mile later you come to a T junction.
198 719	T – Junction	33.4	Left turn heading uphill for Longstone Edge up Moore Road. Follow this up, and then follow it round to the right and over a cattle grid as the gradient levels out. Walk along the road until it bends sharply to the left and you see a sign up on your right that reads “Caution heavy plant crossing” (like a giant marrow or something).
205 732	Top of hill with High Rake on your right.	34.6	Take a right turn here along a broad dirty light coloured track (High rake) – caution deep earth works on your left! Continue along this high ground for about 1.5 miles. Go past on your left an old barn made from corrugated iron with a white caravan on its right side and, closer to the road will be two layers of hay bails stashed in black plastic, on down the track until you see a metal gate on your right (with a yellow diversion sign on it), and a footpath sign indicating the footpath branching off to the left.
230 735	Leave the track – turn left onto a foot path	36.1	Follow the footpath through a gate, and round to the left. 100m or so later you’ll be walking along the edge of a sparse wood before shortly coming to another gate. Through this and 30m later, one more, and then onto a surfaced track that winds its way down to the road below where you take a left turn to Calver.
239 748	Calver	37.4	At the cross-roads in Calver – take the right turn along the A623 headed to Baslow.
247 744	Bridge over river	38.0	– cross bridge take left turn with river on your left – pick up footpath 250m later on your left
244 761	Bridge crossing back over the River	39.2	Derwent – head up the hill turn right onto the B6001 headed for (and through) Grindleford.
	Bridge over river	40.8	Continue up the hill, past the Maynard Arms, past Grindleford station, heading for Fox House. Up up up.
267 803	The Fox House Inn	43.2	Continue along the A6187 Turn left onto the Houndkirk Trail
278 834	Meet the road – Norfolk Arms PH	46.0	At the pub take a right turn and pick up the footpath on the left about 100m on.

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293 837			Turn left onto the foot path, down the hill about 500m to Clough Lane – a gravelly minor road.
292 844	Clough Lane		Turn right along this road, and then about 400m later you will meet another minor road, continue along this to the end where you do a left turn down and then a quick right turn back onto the foot path, so that the river is running closely now on your left.
298 848	Road, stream, path on right		About 300m later you come to a large muddy pond. Follow this round on its left side, and then the path goes down a short slope on its far side through a hedge, to bring you out by a café on the left. Walk on: resist the temptation to go on the swings to your left, or down the slide! At the road follow this down to the left, and take the footpath on the right that is nearest to the river, so that you walk with the river on your left. Carry on now for about 0.5 mile until you hit the road again, keeping the river on your left. When you get to the road, cross over and pick up the path now in the same direction, but so that the river is on your right. About 250m later, you cross a road again, and pick up the path in the same direction, but so that the river is now on your left again. The park is opening up now, with a wooded hill up to your right, and the river on your left. Follow along to the end where you will come to a mini-roundabout. Right turn and a quick left turn back into the park. Follow on past a duck pond on your right, down past another pond on your left. Continue on and the main green will be on your right. Continue on in this same direction, ignoring any paths that lead off left or right, until eventually you come to a roundabout, street lights, and drunken students walking home in the early hours..
333 857	Hunters Bar Roundabout	50	Well done you have reached the FINISH! ... Finishers' Challenge is on 29th June 2009...???